

Conditions of Championships

1. The Championships will be run under ASA Laws and ASA Technical Rules.
 2. All events are Heat Declared Winners in Age/Championship Classification.
 3. All Age Groups events (9 - 15 year olds) will be swum together, with competitors being seeded according to their entry time and will compete against those with similar entry times, regardless of age.
 4. All Junior and Senior events will be swum together, with competitors being seeded according to their entry time and will compete against those with similar entry times, regardless of the Championship in which they are entered.
 5. In Age Group events, medals will be presented to 1st, 2nd and 3rd.
 6. In Junior and Senior events, medals will be presented to 1st, 2nd and 3rd. 400 Free and 400 I.M. are OPEN events and will be swum as a single age group.
 7. In the Handicap Team Events, medals will be presented to 1st, 2nd and 3rd.
 8. The Championships will run WITHOUT CARDS, and will operate on an "As per Programme basis". It is noted that this may result in swimming heats with empty lanes, as a result of "no shows".
 9. In the Handicap Team Events, the Corporation Cup shall be open to teams of male swimmers, and the Centenary Bowl shall be open to teams of female swimmers. Each team shall consist of four named swimmers with a maximum of two named reserves for each team. All the swimmers(named and reserves) within a team shall be members of the same affiliated club. The (entered) handicap time for each team shall be the aggregate time of the fastest four named swimmers and reserves. Each competing club shall submit times for each named swimmer and reserve, for the distance to swum by a swimmer in the race (i.e. the distance of one relay leg). Each swimmer shall swim not less than 50m and no more than 66 2/3m.

Any team recording an aggregate time, in either a heat or a final, which is 4 seconds or more lower than the (entered/re-handicapped) Handicap time, as defined above, shall be disqualified.
 10. Swimmers should report to the Competitors Stewards in the marshalling area for all events. It is the swimmer's responsibility to ensure that they report **2 EVENTS** prior to their swim..
 11. Clothes should be placed in lockers provided in the Changing Rooms. DO NOT LEAVE any personal belongings in the changing rooms unless in a locker.
 12. Bags may be brought on to poolside but they must be kept clear of all entrances, normal walkways and exit routes.
 13. Swimmers MUST wear footwear at ALL times away from the poolside.
 14. SWIMMERS MUST NOT USE THE DIVING POOL AT ANY TIME.
 15. The length of the pool is 50m..
 16. Over-the-top starts may be used.
 17. All finishes will be at the end of the pool nearest to the scoreboard.
 18. Results will be posted adjacent to the tunnel and upstairs on the balcony.
 19. The decision of the referee will, in all cases, be final..
 20. PLEASE LEAVE NO LITTER and hand lost property in at the Records Table.
- Any conditions not covered by the above will be at the discretion of the promoters, Sheffield & District ASA.

AGGREGATE TROPHIES

ERNEST PARKER AND OWEN MIRFIN TROPHIES -Presented by Attercliffe S.C.

Awarded annually to the boy and girl gaining the highest number of points in the Age Group Competition. Points are awarded as follows:

1 st - 6 points	2 nd - 5 points	3 rd - 4 points
4 th - 3 points	5 th - 2 points	6 th - 1 point

Qualifying events are:

11 - 15yrs 50m Freestyle, 100m Freestyle, 50m Breaststroke, 100m Breaststroke,
50m Backstroke, 100m Backstroke, 50m Butterfly, 100m Butterfly

In the event of a tie, the number of 1st places will decide the winner.

ETHEL WHITE TROPHIES

Awarded annually to the Top 10 year old boy and the Top 10 year old girl gaining the highest number of points in the Age Group Competition. Points are awarded as follows:

1 st - 6 points	2 nd - 5 points	3 rd - 4 points
4 th - 3 points	5 th - 2 points	6 th - 1 point

Qualifying events are:

50m Freestyle, 100m Freestyle, 50m Breaststroke, 100m Breaststroke,
50m Backstroke, 100m Backstroke, 50m Butterfly, 100m Butterfly

In the event of a tie, the number of 1st places will decide the winner.

FLINT CUP

Awarded for the best aggregate time in the Senior Mens Championships.

Qualifying events are:

Senior Mens 200m Backstroke, 200m Breaststroke, 100m Butterfly, 100m Freestyle

BLATHERWICK CUP

Awarded for the best aggregate time in the Senior Ladies Championships.

Qualifying events are:

Senior Ladies 200m Backstroke, 200m Breaststroke, 100m Butterfly, 100m Freestyle

AUBREY PETTY MEMORIAL TROPHY

Awarded for the best aggregate time in the Junior Mens Championships.

Qualifying events are:

Junior Mens 100m Backstroke, 100m Breaststroke, 100m Butterfly, 100m Freestyle

GATEWAY SHIELD

Awarded for the best aggregate time in the Junior Ladies Championships.

Qualifying events are:

Junior Ladies 100m Backstroke, 100m Breaststroke, 100m Butterfly, 100m Freestyle

WATER BABIES CUP

Presented each year to the youngest boy OR girl to swim 25m. The winner will also receive an engraved plaque.

Swimmers **must be under 7 years old on the day they swim.** All those completing the 25m will be presented with a certificate. On arrival at the pool, parents of the children wishing to take part should report name, date of birth and address to the Recorders Table before the start of the gala.

SHEFFIELD & DISTRICT ASA CHAMPIONSHIPS AND AGE GROUP GALA 2018
PROGRAMME OF EVENTS

Sunday 2nd September 2018 Session 1 – 8.00 am – 8. 40 am Warm Up. 9 am Start

<u>EVENT NO</u>	<u>AGE GROUP</u>	<u>STROKE / DISTANCE</u>
101	Under 7	Water Babies (25m) (8.45 am)
102 Mens	Open 12/over	400m I.M.
103 Ladies	Open 12/over	400mII.M
104 Boys	9 - 15	100m Butterfly
105 Girls	9 - 15	100m Butterfly
106 Boys	Junior/Senior	100m Butterfly
107 Girls	Junior/Senior	100m Butterfly
108 Boys	9 - 11	50m Breaststroke
109 Girls	9 - 11	50m Breaststroke
110 Mens	Junior/Senior 12/over	200m Freestyle
111 Ladies	Junior /Senior 12/over	200m Freestyle
112 Boys	12 - 15	50m Breaststroke
113 Girls	12 - 15	50m Breaststroke
114 Mens	Junior/Senior	100m Backstroke
115 Ladies	Junior/Senior	100m Backstroke
116 Boys	9 - 15	100m Backstroke
117 Girls	9 – 15	100m Backstroke
118 Mens	Junior / Senior	50m Freestyle
119 Ladies	Junior / Senior	50m Freestyle
120 Boys	9 - 11	50m Freestyle
121 Girls	9 - 11	50m Freestyle
122 Boys	12 - 15	50m Freestyle
123 Girls	12 - 15	50m Freestyle
124 Mens	Junior/Senior 12/over	200m Breaststroke
125 Ladies	Junior/Senior 12/over	200m Breaststroke
126 Mens/Ladies	Open	Long Plunge

Sunday 2nd September 2018 Session 2 – To be confirmed

<u>EVENT NO</u>	<u>AGE GROUP</u>	<u>STROKE / DISTANCE</u>
201 Ladies	Open 12/over	400m Freestyle
202 Mens	Open 12/over	400m Freestyle
203 Girls	9 - 15	100m Breaststroke
204 Boys	9 - 15	100m Breaststroke
205 Ladies	Junior/Senior	100m Breaststroke
206 Mens	Junior/Senior	100m Breaststroke
207 Girls	9 - 11	50m Backstroke
208 Boys	9 - 11	50m Backstroke
209 Girls	12 - 15	50m Backstroke
210 Boys	12 - 15	50m Backstroke
211 Ladies	Junior / Senior 12/over	200m Butterfly
212 Mens	Junior / Senior 12/over	200m Butterfly
213 Girls	9 - 15	100m Freestyle
214 Boys	9 - 15	100m Freestyle
215 Ladies	Junior / Senior	100m Freestyle
216 Mens	Junior / Senior	100m Freestyle
217 Girls	9 - 11	50m Butterfly
218 Boys	9 - 11	50m Butterfly
219 Ladies	Junior / Senior 12/over	200m I.M
220 Mens	Junior / Senior 12/over	200m I.M.
221 Girls	12 - 15	50m Butterfly
222 Boys	12 - 15	50m Butterfly
223 Ladies	Junior / Senior 12/over	200m Backstroke
224 Mens	Junior / Senior 12/over	200m Backstroke
225 Ladies	Open Handicap	Centenary Bowl (4 x 50m FS Relay)
226 Mens	Open Handicap	Corporation Cup (4 x 50m FS Relay)

Entry Fees: Individual £5.00 per event
 Teams £10.00 per team

Coach's Passes - 2 Complimentary Coach's Passes will be issued to each Club for the first 20 swimmers, plus an additional complimentary pass per additional 10 swimmers. Additional Coaches Passes can be purchased for £5.00 each. Each Club with a Coach's Pass will be forwarded a copy of a full set of results.

Entries to: Mrs. S. M. Milnes
 58 Broom Lane
 Rotherham
 S60 3EL

Sportsystemsfileset available – email: suemilnes@hotmail.com

Cheques made payable to: Sheffield & District ASA.

CLOSING DATE: FRIDAY, 20th JULY 2018

SHEFFIELD & DISTRICT ASA CHAMPIONSHIPS AND AGE GROUP GALA 2018
(Under ASA Laws and ASA Technical Rules)

AGE GROUP ENTRY FORM

(All competitions and all trophies are worked on age as at date of competition)

AGE GROUP GIRLS

NAME	D.O.B.	50m Free	100m Free	50m Back	100m Back	50m Breast	100m Breast	50m Fly	100m Fly

CLUB NAME:

Contact Name:

E-mail.....

Return Address:.....

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TEL:

Number of Entries @ £5.00 - £.....

Cheques made payable to Sheffield & District ASA

NB: Entry times must be submitted

otherwise swimmer will be seeded in 1st heat

ALL ENTRIES MUST BE RECEIVED WITH PAYMENT OR THEY WILL BE REJECTED

CLOSING DATE: FRIDAY, 20th JULY 2018

SHEFFIELD & DISTRICT ASA CHAMPIONSHIPS AND AGE GROUP GALA 2018
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AGE GROUP ENTRY FORM

(All competitions and all trophies are worked on age as at date of competition)

AGE GROUP BOYS

NAME	D.O.B.	50m Free		100m Free		50m Back		100m Back		50m Breast		100m Breast		50m Fly		100m Fly		

CLUB NAME:

Contact Name:

E-mail.....

Return Address:.....

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TEL:

Number of Entries @ £5.00 - £.....

Cheques made payable to Sheffield & District ASA

NB: Entry times must be submitted

otherwise swimmer will be seeded in 1st heat

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CLOSING DATE: FRIDAY, 20TH JULY 2018

SHEFFIELD & DISTRICT ASA CHAMPIONSHIPS AND AGE GROUP GALA 2018
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JUNIOR / SENIOR CHAMPIONSHIPS ENTRY FORM

(All competitions and all trophies are worked on age as at date of competition)

JUNIOR / SENIOR CHAMPIONSHIP LADIES

NAME	D.O.B.	50m Free	100 Free	200 Free	400 Free	100 Back	200 Back	100 Breast	200 Breast	100 Fly	200 Fly	200 IM	400 IM

CLUB NAME:

Contact Name:

E-mail.....

Return Address:.....

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TEL:

Number of Entries @ £5.00 - £.....

Cheques made payable to Sheffield & District ASA

NB: Entry times must be submitted

otherwise swimmer will be seeded in 1st heat

ALL ENTRIES MUST BE RECEIVED WITH PAYMENT OR THEY WILL BE REJECTED

CLOSING DATE: FRIDAY, 20TH JULY 2018

SHEFFIELD & DISTRICT ASA CHAMPIONSHIPS AND AGE GROUP GALA 2018
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JUNIOR / SENIOR CHAMPIONSHIPS ENTRY FORM

(All competitions and all trophies are worked on age as at date of competition)

JUNIOR / SENIOR CHAMPIONSHIP MENS

NAME	D.O.B.	50m Free	100 Free	200 Free	400 Free	100 Back	200 Back	100 Breast	200 Breast	100 Fly	200 Fly	200 IM	400 IM

CLUB NAME:

Contact Name:

E-mail.....

Return Address:.....

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TEL:

Number of Entries @ £5.00 - £.....

Cheques made payable to Sheffield & District ASA

NB: Entry times must be submitted

otherwise swimmer will be seeded in 1st heat

ALL ENTRIES MUST BE RECEIVED WITH PAYMENT OR THEY WILL BE REJECTED

CLOSING DATE: FRIDAY, 20TH JULY 2018

SHEFFIELD & DISTRICT ASA CHAMPIONSHIPS AND AGE GROUP GALA 2018
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CORPORATION CUP Mens Handicap 4x50m Freestyle Relay ENTRY FORM

N.B. Please name swimmers with times (2 reserves may be named)

CLUB..... TEAM NAME.....
ENTRED HANDICAP TIME.....
Swimmer 1..... Time.....
Swimmer 2..... Time.....
Swimmer 3..... Time.....
Swimmer 4..... Time.....
Reserve 1..... Time.....
Reserve 2..... Time.....

CLUB..... TEAM NAME.....
ENTRED HANDICAP TIME.....
Swimmer 1..... Time.....
Swimmer 2..... Time.....
Swimmer 3..... Time.....
Swimmer 4..... Time.....
Reserve 1..... Time.....
Reserve 2..... Time.....

CLUB..... TEAM NAME.....
ENTRED HANDICAP TIME.....
Swimmer 1..... Time.....
Swimmer 2..... Time.....
Swimmer 3..... Time.....
Swimmer 4..... Time.....
Reserve 1..... Time.....
Reserve 2..... Time.....

Contact Name:
E-mail.....
Return Address:.....

Number of Entries @ £10.00 - £.....

Cheques made payable to Sheffield & District ASA
NB: Entry times must be submitted

TEL:

CLOSING DATE: FRIDAY. 20TH JULY 2018

SHEFFIELD & DISTRICT ASA CHAMPIONSHIPS AND AGE GROUP GALA 2018
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CENTENARY BOWL Ladies Handicap 4x50m Freestyle Relay ENTRY FORM

N.B. Please name swimmers with times (2 reserves may be named)

CLUB..... TEAM NAME.....
ENTRED HANDICAP TIME.....
Swimmer 1..... Time.....
Swimmer 2..... Time.....
Swimmer 3..... Time.....
Swimmer 4..... Time.....
Reserve 1..... Time.....
Reserve 2..... Time.....

CLUB..... TEAM NAME.....
ENTRED HANDICAP TIME.....
Swimmer 1..... Time.....
Swimmer 2..... Time.....
Swimmer 3..... Time.....
Swimmer 4..... Time.....
Reserve 1..... Time.....
Reserve 2..... Time.....

CLUB..... TEAM NAME.....
ENTRED HANDICAP TIME.....
Swimmer 1..... Time.....
Swimmer 2..... Time.....
Swimmer 3..... Time.....
Swimmer 4..... Time.....
Reserve 1..... Time.....
Reserve 2..... Time.....

Contact Name:

E-mail.....

Return Address:.....
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Number of Entries @ £10.00 - £.....

Cheques made payable to Sheffield & District ASA

NB: Entry times must be submitted

TEL:

CLOSING DATE: FRIDAY. 20^H JULY 2018

