

**SHEFFIELD & DISTRICT ASA CHAMPIONSHIPS AND AGE
GROUP GALA 2017**

**LICENCE applied for
To be held at Ponds Forge International Sports Centre**

**Session 1 Sunday 3rd September 2017 - 8.00 am - 8.40 am Warm Up
Water Babies 8.45 am
9.00 am Start
Events 102-126**

**Session 2 Sunday 3rd September 2017 To be confirmed
Events 201-226**

IMPORTANT NOTES (Please read carefully)

Conditions of Entry

1. These Championships are only open to registered members of Clubs affiliated to Sheffield & District ASA.
2. A competitor must have been a registered member of the Club in whose name s/he competes at least 60 days prior to the first day of competition.
3. **Ages are as at date of competition.**
4. Age Group events are in single year age groups for , 9, 10, 11, 12, 13, 14 and 15 year olds.
5. Junior events are for those swimmers aged 16 and under on day of competition.
6. Senior events are for those swimmers aged 17 and over on day of competition
7. Open events and 200m events are for those swimmers aged 12 and over.
8. Entries may have to be restricted in line with licensing requirements.
9. Entries received **without payment will be rejected**. Late **entries will NOT be accepted** Entries received without submitted times will be seeded in the first heat(s).
10. All entries will be acknowledged via Clubs.
11. Please check your entries thoroughly. **There will be no amendments/additions to the programme or poolside entries on the day.**
12. **There will be a marshalling area. Clubs/swimmers will not be allowed on the marshalling side of the pool.**

CLOSING DATE: FRIDAY, 14th JULY 2017

Conditions of Championships

1. The Championships will be run under ASA Laws and ASA Technical Rules.
 2. All events are Heat Declared Winners in Age/Championship Classification.
 3. All Age Groups events (9 - 15 year olds) will be swum together, with competitors being seeded according to their entry time and will compete against those with similar entry times, regardless of age.
 4. All Junior and Senior events will be swum together, with competitors being seeded according to their entry time and will compete against those with similar entry times, regardless of the Championship in which they are entered.
 5. In Age Group events, medals will be presented to 1st, 2nd and 3rd.
 6. In Junior and Senior events, medals will be presented to 1st, 2nd and 3rd. 400 Free and 400 I.M. are OPEN events and will be swum as a single age group.
 7. In the Handicap Team Events, medals will be presented to 1st, 2nd and 3rd.
 8. The Championships will run WITHOUT CARDS, and will operate on an "As per Programme basis". It is noted that this may result in swimming heats with empty lanes, as a result of "no shows".
 9. In the Handicap Team Events, the Corporation Cup shall be open to teams of male swimmers, and the Centenary Bowl shall be open to teams of female swimmers. Each team shall consist of four named swimmers with a maximum of two named reserves for each team. All the swimmers (named and reserves) within a team shall be members of the same affiliated club. The (entered) handicap time for each team shall be the aggregate time of the fastest four named swimmers and reserves. Each competing club shall submit times for each named swimmer and reserve, for the distance to swum by a swimmer in the race (i.e. the distance of one relay leg). Each swimmer shall swim not less than 50m and no more than 66 2/3m.

Any team recording an aggregate time, in either a heat or a final, which is 4 seconds or more lower than the (entered/re-handicapped) Handicap time, as defined above, shall be disqualified.
 10. Swimmers should report to the Competitors Stewards in the marshalling area for all events. It is the swimmer's responsibility to ensure that they report **2 EVENTS** prior to their swim.
 11. Clothes should be placed in lockers provided in the Changing Rooms. **DO NOT LEAVE** any personal belongings in the changing rooms unless in a locker.
 12. Bags may be brought on to poolside but they must be kept clear of all entrances, normal walkways and exit routes.
 13. Swimmers **MUST** wear footwear at **ALL** times away from the poolside.
 14. **SWIMMERS MUST NOT USE THE DIVING POOL AT ANY TIME.**
 15. The length of the pool is 50m.
 16. Over-the-top starts may be used.
 17. All finishes will be at the end of the pool nearest to the scoreboard.
 18. Results will be posted adjacent to the tunnel and upstairs on the balcony.
 19. The decision of the referee will, in all cases, be final.
 20. **PLEASE LEAVE NO LITTER** and hand lost property in at the Records Table.
- Any conditions not covered by the above will be at the discretion of the promoters, Sheffield & District ASA.

AGGREGATE TROPHIES

ERNEST PARKER AND OWEN MIRFIN TROPHIES -Presented by Attercliffe S.C.

Awarded annually to the boy and girl gaining the highest number of points in the Age Group Competition. Points are awarded as follows:

1 st - 6 points	2 nd - 5 points	3 rd - 4 points
4 th - 3 points	5 th - 2 points	6 th - 1 point

Qualifying events are:

11 - 15yrs 50m Freestyle, 100m Freestyle, 50m Breaststroke, 100m Breaststroke,
50m Backstroke, 100m Backstroke, 50m Butterfly, 100m Butterfly

In the event of a tie, the number of 1st places will decide the winner.

ETHEL WHITE TROPHIES

Awarded annually to the Top 10 year old boy and the Top 10 year old girl gaining the highest number of points in the Age Group Competition. Points are awarded as follows:

1 st - 6 points	2 nd - 5 points	3 rd - 4 points
4 th - 3 points	5 th - 2 points	6 th - 1 point

Qualifying events are:

50m Freestyle, 100m Freestyle, 50m Breaststroke, 100m Breaststroke,
50m Backstroke, 100m Backstroke, 50m Butterfly, 100m Butterfly

In the event of a tie, the number of 1st places will decide the winner.

FLINT CUP

Awarded for the best aggregate time in the Senior Mens Championships.

Qualifying events are:

Senior Mens 200m Backstroke, 200m Breaststroke, 100m Butterfly, 100m Freestyle

BLATHERWICK CUP

Awarded for the best aggregate time in the Senior Ladies Championships.

Qualifying events are:

Senior Ladies 200m Backstroke, 200m Breaststroke, 100m Butterfly, 100m Freestyle

AUBREY PETTY MEMORIAL TROPHY

Awarded for the best aggregate time in the Junior Mens Championships.

Qualifying events are:

Junior Mens 100m Backstroke, 100m Breaststroke, 100m Butterfly, 100m Freestyle

GATEWAY SHIELD

Awarded for the best aggregate time in the Junior Ladies Championships.

Qualifying events are:

Junior Ladies 100m Backstroke, 100m Breaststroke, 100m Butterfly, 100m Freestyle

WATER BABIES CUP

Presented each year to the youngest boy OR girl to swim 25m. The winner will also receive an engraved plaque.

Swimmers **must be under 7 years old on the day they swim**. All those completing the 25m will be presented with a certificate. On arrival at the pool, parents of the children wishing to take part should report name, date of birth and address to the Recorders Table before the start of the gala.

SHEFFIELD & DISTRICT ASA CHAMPIONSHIPS AND AGE GROUP GALA 2017
PROGRAMME OF EVENTS

Sunday 3rd September 2017 Session 1 – 8.00 am – 8. 40 am Warm Up. 9 am Start

<u>EVENT NO</u>	<u>AGE GROUP</u>	<u>STROKE / DISTANCE</u>
101	Under 7	Water Babies (25m) (8.45 am)
102 Mens	Open 12/over	400m I.M.
103 Ladies	Open 12/over	400mII.M
104 Boys	9 - 15	100m Butterfly
105 Girls	9 - 15	100m Butterfly
106 Boys	Junior/Senior	100m Butterfly
107 Girls	Junior/Senior	100m Butterfly
108 Boys	9 - 11	50m Breaststroke
109 Girls	9 - 11	50m Breaststroke
110 Mens	Junior/Senior 12/over	200m Freestyle
111 Ladies	Junior /Senior 12/over	200m Freestyle
112 Boys	12 - 15	50m Breaststroke
113 Girls	12 - 15	50m Breaststroke
114 Mens	Junior/Senior	100m Backstroke
115 Ladies	Junior/Senior	100m Backstroke
116 Boys	9 - 15	100m Backstroke
117 Girls	9 - 15	100m Backstroke
118 Mens	Junior / Senior	50m Freestyle
119 Ladies	Junior / Senior	50m Freestyle
120 Boys	9 - 11	50m Freestyle
121 Girls	9 - 11	50m Freestyle
122 Boys	12 - 15	50m Freestyle
123 Girls	12 - 15	50m Freestyle
124 Mens	Junior/Senior 12/over	200m Breaststroke
125 Ladies	Junior/Senior 12/over	200m Breaststroke
126 Mens/Ladiies	Open	Long Plunge

Sunday 3rd September 2017 Session 2 – To be confirmed

<u>EVENT NO</u>	<u>AGE GROUP</u>	<u>STROKE / DISTANCE</u>
201 Ladies	Open 12/over	400m Freestyle
202 Mens	Open 12/over	400m Freestyle
203 Girls	9 - 15	100m Breaststroke
204 Boys	9 - 15	100m Breaststroke
205 Ladies	Junior/Senior	100m Breaststroke
206 Mens	Junior/Senior	100m Breaststroke
207 Girls	9 - 11	50m Backstroke
208 Boys	9 - 11	50m Backstroke
209 Girls	12 - 15	50m Backstroke
210 Boys	12 - 15	50m Backstroke
211 Ladies	Junior / Senior 12/over	200m Butterfly
212 Mens	Junior / Senior 12/over	200m Butterfly
213 Girls	9 - 15	100m Freestyle
214 Boys	9 - 15	100m Freestyle
215 Ladies	Junior / Senior	100m Freestyle
216 Mens	Junior / Senior	100m Freestyle
217 Girls	9 - 11	50m Butterfly
218 Boys	9 - 11	50m Butterfly
219 Ladies	Junior / Senior 12/over	200m I.M
220 Mens	Junior / Senior 12/over	200m I.M.
221 Girls	12 - 15	50m Butterfly
222 Boys	12 - 15	50m Butterfly
223 Ladies	Junior / Senior 12/over	200m Backstroke
224 Mens	Junior / Senior 12/over	200m Backstroke
225 Ladies	Open Handicap	Centenary Bowl (4 x 50m FS Relay)
226 Mens	Open Handicap	Corporation Cup (4 x 50m FS Relay)

Entry Fees: Individual £4.00 per event
 Teams £8.00 per team

Coach's Passes - 2 Complimentary Coach's Passes will be issued to each Club for the first 20 swimmers, plus an additional complimentary pass per additional 10 swimmers. Additional Coaches Passes can be purchased for £5.00 each. Each Club with a Coach's Pass will be forwarded a copy of a full set of results.

Entries to: Mrs. S. M. Milnes
 58 Broom Lane
 Rotherham
 S60 3EL

Sportssystemfilesset available – email: suemilnes@hotmail.com

Cheques made payable to: Sheffield & District ASA.

CLOSING DATE: FRIDAY, 14th JULY 2017

